

# Regional Coordinator Newsletter January 2026

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Welcome to my January 2026 newsletter. It is not often we take time to congratulate RoSPA Examiners. I would like to extend, along with many others, congratulations to one of RoSPA's Examiners based in the Republic of Ireland, Tom Tynan. Tom was awarded the Leading Light Award from the RSA for excellence in Driving Instruction at a ceremony in Croke Park Stadium in Dublin on the 10<sup>th</sup> of December 2025. This is Toms second time receiving this award for his constant dedication to safety and training. Congratulations Tom on this well-deserved recognition for your phenomenal work in promoting road safety in Ireland.

I would also like to mention Ayrshire Advanced Riders RoADAR Group who recently made a donation to the Scotland's Charity Air Ambulance, SCAA (not to be confused with the NHS Air Ambulance). In addition to the Group's magnificent £750.00, some group members also donated privately, taking advantage of the gift aid, and thereby topping up the total donation to over £1000. 'As a motorcycle group, Ayrshire Advanced Riders members felt that this was a noble cause. As you know, motorcyclists tend to venture onto unclassified roads well away from local amenities. Over the past years the SCAA has contributed to the survival rate of countless road casualties, of which, motorcyclists are a [disproportionally] high percentage'.

## **This month's discussion Topic.**

**Thought for 2026: All Drivers and Riders should better understand the GDE.**

### **Driving Without Awareness**

Psychologists know that you have to tread very carefully around people's thought processes if you want to awaken them to any potential dangers.

Understanding our delusional beliefs is the key to changing driver/rider behaviour.

Psychologists know that the first stage in behavioural change is recognising that there is a problem to address. The key to addressing 'hazards in the mind' is teaching self-reflection skills. Self-reflection enables a driver/rider to understand how their own personal goals on a particular journey, and their personal characteristics, influence their risk of being involved in a crash.

Thinking without awareness needs to shift to thinking WITH awareness.

Safe drivers/riders adjust their driving/riding to the traffic and road circumstances, and their present human abilities and skills, but this requires more competencies than Q&As. A safe driver/rider is not only skilled in vehicle control and manoeuvring, but also makes good choices by reflecting on his/her abilities prior to a journey as well as during a drive/ride.

*This article [extract] was originally published in ADI News, May 2008*



## Additional RoADAR topics



[Roadarbenefits.co.uk](http://Roadarbenefits.co.uk)

### Make use of your RoADAR member rewards

Visit [RoADAR Benefits](#) today to see what offers are currently available to you.

- 👉 RoSPA Testing: Six RoSPA tests were taken in December in Scotland. There were four tests taken during December in the Republic of Ireland. While there was one test taken in North Cumbria and South West Scotland and, no tests taken in Northern Ireland.
- 👉 ScORSA –There are no Webinars planned for January. All previous webinars are now available online. The next Road Safety Hour is scheduled for Tuesday the 24<sup>th</sup> of February 2026 and is entitled ‘The Gig Economy’.
- 👉 I would like to ask all motorcycle members to remember if you have recently purchased new PPE, or have received some from Santa, please consider donating your unused but useable PPE to a young rider who may not have the finances to purchase proper PPE.

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